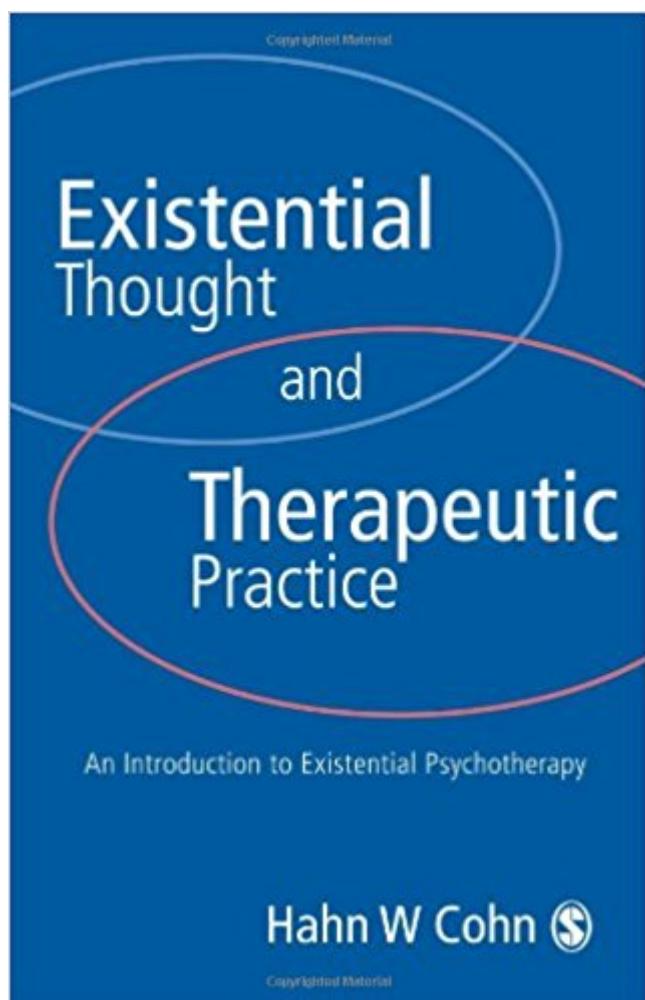


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Existential Thought And Therapeutic Practice: An Introduction To Existential Psychotherapy



Synopsis

‘A lucid and much-needed account of existential psychotherapy... As well as locating existential psychotherapy within a historical and philosophical context, Hans Cohn encompasses various therapeutic issues and provides some vivid and sensitive passages of case material... I found the book provided a concise and clarifying account of the underlying philosophy and of the psychotherapeutic practice... The existentialist challenge to Freud outlined in the book provides an alternative point of view to counter potentially engulfing aspects of a psychoanalytic vision. This is a stimulating book which is a valuable contribution towards dialogue between different approaches of psychotherapy’ - International Journal of Psychotherapy

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If you’re looking for an introduction to and/or a summary of how existentialism and phenomenology are related and applied clinically, I think you’ll find this little book very helpful. Cohn also provides a nice short history of their philosophical roots and a comparison with traditional psychoanalysis.

While some jargon is necessary, the writing is clear and concise.

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